

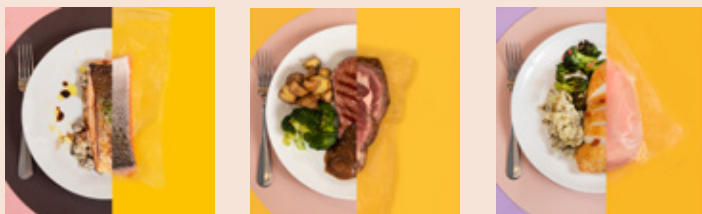
## LARDER MENU

Save time on the actual cooking with our larder ingredients. Easy and quick to prepare so you can cook effortless #homesome meals for you and your loved ones.

### *Pre-cooked and Cured Protein*

PLENTYFULL ROAST AUST. RIBEYE 150G (GF)	\$16.00
SOUS VIDE CHICKEN BREAST 250G (GF)	\$10.00
SOUS VIDE NORWEGIAN SALMON FILLET 200G (GF)	\$14.00
AUST. 150D GRAIN FED SHOULDER TENDER 300G GF)	\$16.50
SLICED BRESOALA (AIR DRIED BEEF) 100G (GF)	\$15.00
SOPRESSA ITALIAN SALAMI 100G (GF)	\$11.00
SLICED CORNED BEEF 100G (GF)	\$7.00
THICK SLICED BACON 200G (GF)	\$7.00
SLICED SMOKED SALMON 200G (GF)	\$14.00

\*Please note that these items have a shelf life of 1 week in a chiller un-opened from its original packaging.



Let us keep your hearts and bellies full!



### *Pickled & Marinated*

PICKLED JALAPENO 100G (GF/VEGAN)	\$2.00
CONFIT ROMA TOMATO 100G (GF/VEGAN)	\$6.90
GRILLED MARINATED EGGPLANT 200G (GF/VEGAN)	\$7.00
GRILLED MARINATED ZUCCHINI 200G (GF/VEGAN)	\$7.00

### *Sauces and Dressings*

HONEY MUSTARD DRESSING 200G (GF/VEGETARIAN)	\$5.00
PLENTYFULL'S SAMBAL BELACHAN 180G	\$6.90
MAGIC GREEN SAUCE 100G (GF/VEGAN) Coriander, Spring onion, Pickled jalapeño, Garlic, Dijon mustard, Rice vinegar, Sesame oil	\$5.00
HOME MADE TOMATO SAUCE 500G (GF/VEGAN)	\$7.00
BISTRO DRESSING 200G (GF/VEGETARIAN) Dijon mustard, Red wine vinegar, Olive oil, Corn oil	\$5.00

### *Pantry Staples*

O-MED ARBEQUINA EXTRA VIRGIN OLIVE OIL 250G (GF/VEGAN)	\$15.00
O-MED BRONZE BALSAMIC VINEGAR 250G (GF/VEGAN)	\$15.00
STRAWBERRY ROSE JAM 180G (GF/VEGAN)	\$9.90
SPICED APPLE JAM 180G (GF/VEGAN)	\$8.90
TRUFFLE BUTTER 70G (GF/VEGETARIAN)	\$15.00

\*All Items Are Subject To 7% GST